DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>25.07.14</td>
<td>8.30am - Parent Library Session</td>
</tr>
<tr>
<td></td>
<td>Winter PSSA Sport Round 10</td>
</tr>
<tr>
<td></td>
<td>11.00am – Granville Principal’s meeting</td>
</tr>
<tr>
<td>28.07.14 – 1.08.14</td>
<td>EDUCATION WEEK</td>
</tr>
<tr>
<td>28.07.14</td>
<td>9.00am – Playtime Session – Lidbury Hall</td>
</tr>
<tr>
<td></td>
<td>NAIDOC Performance – session times in Principal’s Report</td>
</tr>
<tr>
<td>29.07.14</td>
<td>9.00am – 11.00pm – Parent Resource Group – Lidbury Hall</td>
</tr>
<tr>
<td></td>
<td>11.50am – ICAS English Test – Various rooms</td>
</tr>
<tr>
<td>30.07.14</td>
<td>11.45am Parent Library Helper Group – Lidbury Hall</td>
</tr>
<tr>
<td>31.07.14</td>
<td>Open Day</td>
</tr>
<tr>
<td></td>
<td>9.15am – 10.00am Open Classrooms</td>
</tr>
<tr>
<td></td>
<td>10.00am – Morning Tea</td>
</tr>
<tr>
<td></td>
<td>12.00pm – Parent Art Group – Lidbury Hall</td>
</tr>
<tr>
<td></td>
<td>3.45pm – Auburn PSSA meeting</td>
</tr>
<tr>
<td>1.08.14</td>
<td>8.30am – Parent Library Session</td>
</tr>
<tr>
<td></td>
<td>Winter PSSA Sport Round 11</td>
</tr>
<tr>
<td>4.08.14</td>
<td>9.00am – Playtime Session – Lidbury Hall</td>
</tr>
<tr>
<td>5.08.14</td>
<td>9.00am – 11.00pm – Parent Resource Group – Lidbury Hall</td>
</tr>
<tr>
<td>6.08.14</td>
<td>9.15am – Multiculture Café (Chinese)</td>
</tr>
<tr>
<td></td>
<td>4.00pm – Sydney West PSSA meeting</td>
</tr>
<tr>
<td>8.08.14</td>
<td>8.30am – Parent Library Session</td>
</tr>
<tr>
<td></td>
<td>Winter PSSA Sport Round 12</td>
</tr>
<tr>
<td></td>
<td>Kindergarten and K-6C excursion to Riverside Theatre</td>
</tr>
</tbody>
</table>

PRINCIPAL’S REPORT

Unwanted visitors
It seems as though from time to time, we have a number of people who come into the school, particularly on a Saturday to access the school grounds. Most of these people do come in and use the playgrounds in the right way, but others are only interested in causing damage or vandalising our property. If you notice any such behaviour going on within our school, could you consider ringing the school security unit to report suspicious activity on their 24-hour hotline number, 1300 880 021. Your assistance here is greatly appreciated to keep our school looking beautiful and functional for our wonderful students.

Flu season is here!
Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

“**A dynamic innovative school always moving forward**.”
Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.

Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.

Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hands cleaners are also effective.

Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit's [vaccination page](#).

**EDUCATION WEEK - 28 JULY - 1 AUGUST 2014**

“Creating the Future - NSW Public Schools - Leading the Way”

The staff and students of Lidcombe P.S. welcome you to our Open Day, Thursday 31 July 2014.

**Program of Events**

**9:15am - Open classrooms**

 Students will be participating in normal classroom activities. Parents are more than welcome to visit classrooms to see their child work in their environment or assist with any group organisation to see how your children learn.

 You could also choose to see what happens with:-

 * Community Languages Critical Aspects – Larcombe Hall and Community Language rooms
 * Reading Recovery lessons – Block D
 * ESL lessons – in classrooms or the ESL demountable on the primary asphalt.

**10:00am - Open classrooms conclude – Morning Tea in the Hall**

We look forward to spending the day with you and hope you enjoy the planned events.

**NAIDOC Performance**

Next Monday 28 July, we will be celebrating NAIDOC week at LPS. Koomurri Aboriginal performance group will visit our school for the day and perform for our students free of charge - thanks to the P & C and school funds.

NAIDOC week is a great opportunity to participate in a range of activities and to support our local Aboriginal and Torres Strait Islander community. It is a time to celebrate Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions that Indigenous Australians make to our country and our society.

Session times:

- 9.00am - Stage 2 and K-6J
- 10.00am – Kindergarten and K-6C
- 11.45am – Stage 1
- 2.00pm – Stage 3 and 3-6S

We are looking forward to a great performance.

**Tennis Australia – Hotshots program**

We have been very fortunate to become the first school in Western Sydney to undertake the Hotshots Tennis program in schools, developed by tennis legend, Paul McNamee. This program has been introduced right through Victorian schools and is now branching out to other states. As a result, Auburn Tennis centre has become involved with John Morris our weekly coach and owner, Geoff Skippen, donating several free standing nets, oversized, softer ball and enough tennis racquets for a class to our school – what fabulous support! Coach John’s roll is being funded by Craig Laundy, Federal MP for our area.

This program could only happen on Wednesdays and due to John’s coaching availability, it could only happen between 12.10pm and 2.50pm. As such, we were allowed to offer it to two classes in the primary section of our school, they were all put in a hat and S2C and S3C were drawn out. Two other classes will be offered this opportunity during Term 4. Hopefully, we can continue this program into 2015 as well.
Enrol now for Kindergarten 2015

Does your preschool child turn 5 years of age before 31 July 2015? Have you enrolled your child at Lidcombe Public School for next year? Now is the time to fill in your application. Please call into the office for an enrolment form as soon as convenient or arrange for one to be sent home with an older brother or sister.

Our 2015 Kindergarten Transition program has changed dramatically and will begin with our transition days, running from 9.00am to 11.00am in the mornings on the following days:-

- Thursday 16 October 2014
- Thursday 23 October 2014
- Thursday 30 October 2014
- Thursday 6 November 2014
- Thursday 13 November 2014
- Thursday 20 November 2014
- Thursday 27 November 2014
- Thursday 4 December 2014

There will be a number of great activities for your child and you as their parent that will not only strengthen your bond, but also familiarise and build confidence in your child about their classrooms, teachers and other students. In the middle of all of this, we will host our Kindergarten Orientation evening on Thursday 20 November 2014, starting at 6.30pm in Larcombe Hall.

If you have already completed an Application for Enrolment form for your Kindergarten child you will automatically receive further details about these sessions as they become available. If you would like to read some general information about enrolling in a NSW public school please refer to the Department of Education and Training website link:-


Kindergarten students will start school on Tuesday 3 February 2015. Of course, parents and Kindergarten students will be called in before that for their Best Start Interview – times to be announced.

Student Playground Leadership Training Day

This excellent opportunity was afforded to some of our talented year 5 and 6 students and was a tremendously inspirational day for them. As a result, these students will become the leaders of special playground activities to support our students during break times, organising and refereeing games on a rostered basis, as well as assisting in keeping things on an even keel when problems arise. I know they got a lot out of the day and I can’t wait to see how they will handle this new program to help support our students during B1 and B2. A big thank you to Mrs. Murray for organising such a worthwhile day for these students.

Beware of fraud – Door to Door salesman

As reported on the school app last term, one of our staff members who lives in the area was approached at her home by a door to door salesman, claiming that he was acting on behalf of our school, asking for donations to support special education units in local schools. This young man is tall, white caucasian, has short brown hair and is well dressed. PLEASE DO NOT GIVE THIS MAN ANY MONEY – HE IS NOT ACTING ON BEHALF OF LIDCOMBE P.S.

If you feel it is safe enough, take a picture if you come into contact with this man, report it to the police or email me if you would prefer to do so (Matthew.Lewis@det.nsw.edu.au).
**Road Safety Talks**

On Tuesday, we were again fortunate to have Constable Phil Tambasco come out to talk to our K-2 and 3-6 students about Road Safety. He went through a very informative powerpoint presentation that covered everything from where to cross the road, how to cross the road, getting out of a car, parking around the school and what to do when riding a bike. The students had many questions, but beware parents – with this knowledge comes power – our students will now be scrutinising everything you do as a parent with regards to road safety and will most likely have no hesitation in telling what the right behaviours need to be. **My advice:** make sure you are modelling the correct behaviours when walking to school, crossing the roads and parking around the schools.

**WhizzKids**

The University of Technology are hosting a series of innovative workshops for students in years 3 to 6 on the 10 August and 26 October (Sundays) this semester. These workshops are for students who excel in their academic studies, basically if they achieve an A or B for subjects in their reports, this could be a great activity for your child.

Workshops are held in Literacy, Numeracy, Science, HSIE and Creative Arts. Each session is designed to enhance problem solving and creative thinking in a hands-on, interactive environment. Flyers are available at the front office if you are interested.

**Auburn PSSA Athletics Carnival**

Keep this date in your diaries as it is coming up soon. Mr. Gatwood will soon be organising our representative team to attend this event. The Auburn Zone PSSA Athletics carnival will be held on Wednesday 13 August at Wyatt Park Athletics Centre.

**Medications at school**

As a matter of the utmost importance, please do not send your child to school with medication that they have to administer themselves. There are some exceptions (like an asthma puff), but medications prescribed by a doctor, or headache tablets, or even flu medication cannot be brought to school and then administered by the child themselves.

The policy exists that if your child needs to take any sort of medication during the day, either prescribed or preventative that you have bought over a counter, then it must be presented at the office for safe keeping (in its original packaging – so we know what it is), with a note from you explaining what the medication is for and then administered in the presence of our office first aid officer, Ms Sandy Johnson. That way, everything is done the right way and no-one can get hurt. Thank you in advance for your co-operation in this matter.

**Website & School App**

We encourage you to keep an eye on our school website [www.lidcombe-p.schools.nsw.edu.au](http://www.lidcombe-p.schools.nsw.edu.au) and to become involved in our school and work with us in the interests of your child’s education. We have also purchased a “School App”. All you need is an iPhone, iPod Touch, any smartphone android device (eg Samsung) or an iPad, and then download the free “School App” to your device. Having a school app has revolutionised our communications with our community. It is a notification type service, that allows you to get updates, reminders and even our school newsletter!

Get into the App store on your phone or device, put into the search engine “Lidcombe Public School”. Our school logo will come up straight away, so press the button to install.

Once it is installed, you will need the username and password to get into the information provided on our school app.

User Web Portal, iPhone App and Android App

username: *community*
password: *lidcombeps*

Considering the many challenges and opportunities being experienced at the school and our relentless pursuit of school improvement it’s going to be another interesting and rewarding year at Lidcombe PS. Details of our 2014 priorities and School Management Plan will be communicated to you through the school website, newsletters and special bulletins as the year progresses. Our initial priorities are to establish our classes and to confirm our staffing entitlements.

With all the wet weather lately, it has been an amazing source of communication, so please download it as soon as you can.

**Playground Equipment**

The playground equipment near Block G (Kindergarten rooms) is a popular afternoon destination after school, but there are rules. Our rule at the school is that **no child can play on the equipment unless they are directly supervised by one of their parents** after school. Also, all students and parents must leave the equipment area at 3.30pm.

We don’t want any accidents to happen out there at all, and students will be told to move away from the equipment if we can’t see a parent close by, watching their children on the equipment. A few parents observe these rules, but others haven't and it would be a shame if I had to make a blanket rule that no-one was allowed to use the equipment at any stage because too many people were being unsafe out there. Please consider this of an afternoon.
Also, our new multi-purpose playground for Stage 1 is almost finished. The synthetic grass took longer than expected to arrive at our school, but it is here now so it should all be ready by the end of next week. I hope you all like our new LED sign as well!

**Phone Numbers – Student Information Update**

Every now and then when we have to ring parents, we are finding that some of the information we have is no longer current and needs our urgent attention. I ask you to send in, where necessary, change of phone numbers, contact details, address, emergency contacts, doctor so that we can have all the relevant information if something was to happen.

You may also want to include other important details in a letter stating extra medical information, plans for an asthma attack or custody details (along with accompanying papers of proof) or anything you feel is important for our school to know about your child. I assure you all matters are dealt with in the strictest of confidence. These records are not shared with anyone outside of the school premises or outside of the staff. We require the right information if there is an emergency of some sort within the school. We want to update these details as soon as possible, so please forward these details to the office soon. Your assistance in this matter is greatly appreciated.

**Platinum Awards**

Being Green suggests that your child is behaving very well and is doing what our teachers expect of them in the classroom and the playground. These awards in its current format have been running for one year and over the last couple of weeks we added 18 new people to our list on Tuesday. They were:- Zaki Esmail, Ethan Heng, Abbie Yang, David Kim, Jolene On, Xin Wu, Chloe Harris, Mya Zreika, Sophie Edwards, Nina Huang, Emre Arican, Isabelle Heng, Erica Heng, Cherr Weng, Lara Sirin, Sirene Bardouh, Leo Chau, Cathy Chan and Ai Yuen Lim - congratulations on receiving the very prestigious Platinum Award. Well done students!

On Thursday 7 August, the 35 Platinum Award recipients will be walking down to Ten Pin City with me for 2 games of Ten Pin Bowling, hot chips and a drink at no cost to the students or families.

Principal
**EXPRESSION OF INTEREST**

**NEWSLETTER**

I would like to have the newsletter emailed to me each fortnight.

Name of Child: ____________________

Class: ______________

Name of Parents: ___________________

Email address: ____________________

Please hand in to Mrs Rush in the office as soon as possible.

---

**SCHOOL TIMES**

**Students MUST NOT arrive at school before 8:30 am and must leave promptly at 3:00 pm**

Parents are reminded that school supervision exists between 8:30 am and 3:00 pm. A Before and After School Care facility is provided on the school site for parents needing child minding. Contact 9749 2817 after school hours for further details.

Leaving students unsupervised on school grounds has legal implications for both the school and parents.

Access to the school is only possible via the pedestrian gate near the sandpit (Mills Street) during school hours. All visitors must report to the school office. Unauthorised persons on school premises are considered to be trespassing and will be reported to the police.

---

**SMOKING IS PROHIBITED ON SCHOOL PREMISES**

---

**60 SECONDS WITH MR. LEWIS**

This newsletter Amani El Cheikh from S3W is our focus of 60 seconds with Mr. Lewis.

Name: Amani El Cheikh
Class: S3W
What sports do you play? League Tag and Touch Football.
What would you like to be when you grow up? A teacher.
Best piece of advice you have ever received? Always do my best in my work.
Favourite thing to do? Play sport.
Favourite school subject? Maths.
Favourite colour and number? Aqua and 10.
An interesting fact about yourself? I like to create Art.
Is there any one thing you can’t do without? My Mum.
Worst habit? Repeat what someone else says.
What’s your favourite school moment? Last year’s Celebration Day because we did it a different way.

Thanks for spending 60 seconds with Mr. Lewis, Amani!
NOTES, PERMISSION SLIPS and MONEY

Notes are important and care should be taken with them but we understand that notes do get lost. All notes are placed on the school website weekly.


IT IS IMPORTANT THAT THE CORRECT MONEY BE PLACED IN MONEY ENVELOPES AS THE OFFICE IS UNABLE TO GIVE CHANGE.

PSSA FIXTURES

Winter PSSA Week 1 – 18/7

<table>
<thead>
<tr>
<th>SPORT</th>
<th>AGAINST</th>
<th>Result</th>
<th>MVP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Netball</td>
<td>Auburn West</td>
<td>Won 18 – 0</td>
<td>Olivia Ivanac</td>
</tr>
<tr>
<td>Senior Netball</td>
<td>Auburn West</td>
<td>Won 12 – 1</td>
<td>Emma Louise Felise</td>
</tr>
<tr>
<td>Junior Newcombe Ball</td>
<td>Auburn West</td>
<td>Won 42 – 25</td>
<td>Naomi Lee</td>
</tr>
<tr>
<td>Senior Newcombe Ball</td>
<td>Auburn West</td>
<td>Won 63 – 42</td>
<td>Cherr Weng</td>
</tr>
<tr>
<td>Junior Soccer</td>
<td>Auburn West</td>
<td>Won 1 – 0</td>
<td>Danny Graham</td>
</tr>
<tr>
<td>Senior Soccer</td>
<td>Auburn West</td>
<td>Won 3 – 0</td>
<td>Baris Eskin</td>
</tr>
<tr>
<td>Junior Boys League Tag</td>
<td>Auburn West</td>
<td>Won 9 – 2</td>
<td>Zane Bardouh</td>
</tr>
<tr>
<td>Senior Boys League Tag</td>
<td>Auburn West</td>
<td>Drew 8 – 8</td>
<td>Kareem Bardouh</td>
</tr>
<tr>
<td>Junior Girls League Tag</td>
<td>Bye</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Senior Girls League Tag</td>
<td>Bye</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Winter PSSA Week 2 – 25/7

<table>
<thead>
<tr>
<th>SPORT</th>
<th>AGAINST</th>
<th>WHERE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Netball</td>
<td>Rosehill</td>
<td>Wyatt Park</td>
</tr>
<tr>
<td>Senior Netball</td>
<td>Rosehill</td>
<td>Wyatt Park</td>
</tr>
<tr>
<td>Junior Newcombe Ball</td>
<td>Rosehill</td>
<td>School</td>
</tr>
<tr>
<td>Senior Newcombe Ball</td>
<td>Rosehill</td>
<td>School</td>
</tr>
<tr>
<td>Junior Soccer</td>
<td>Rosehill</td>
<td>Phillips Park</td>
</tr>
<tr>
<td>Senior Soccer</td>
<td>Rosehill</td>
<td>Phillips Park</td>
</tr>
</tbody>
</table>
KITE FLYING – S3H STYLE

S3H enlisted the expertise of "The Super Judge", Mr. Duffy to assess our group kites for their construction and ability to fly. We were finally rewarded with the perfect windy day and all groups got to try their hand at kite flying. The winning group was “The Kilowatts.” They were rewarded for their hard work and their group cooperation. This project was an extension of our Term 2 unit - Energy & Electricity.
We had a blast!
Today’s kids spend far less time outdoors. It’s an obvious and pronounced difference to when most of us were younger, and it’s beginning to attract the attention of academics and educators, worried that all this time away from the natural world may be causing serious problems.

To read more go to http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/getting-into-nature

Parental controls help monitor and limit what your children do online. Find out which tools you should use to block out the bad stuff.

What are parental controls?
- Parental control tools help parents monitor and limit what their children do online.
- There are many tools available and they all offer different functions, with some even allowing parents to limit the time children spend on specific websites or games.
- No tool is 100% effective at blocking access to inappropriate content. They are a good tool to encourage communication with children about their online activities.
- Currently there are more effective tools for use with PCs and Macs than with mobile, tablet devices and game consoles. Additional parental supervision is required with these.

What do parental controls do?
- Every parental control tool is different.
- Most can block children from accessing specific websites, protocols or applications.
- Most can filter different kinds of content, like sexual content.
- Most allow parents to monitor use with reports on sites accessed, the length of time and frequency of access.
- Some can be used to set time limits, blocking access after a set time—handy if you are not home and want to limit the time your child spends on a game or social media.
- Most allow parents to change the tool settings to reflect each child’s age and skills.

Do parental controls block all bad stuff?
- No single parental control tool is 100% effective at blocking all inappropriate content—but they can reduce the likelihood of accidental discovery.
- Parental control tools tend to be better at blocking ‘adult’ or sexual content than other types of harmful content, such as content that may promote self-harm, eating disorders, violence, drugs, gambling, racism and terrorism.
- Parental control tools have difficulty filtering content within social media sites and messaging services, including video messaging services like Skype.
- Parents need to talk to their children about the social media sites they are using, who they communicate with and what they are accessing.

More in our next newsletter.

What about game consoles, mobiles and tablets?
Parental control tools are currently less effective with game consoles, mobiles and tablets. Additional parental supervision is required.
Most parental controls do not filter internet access from game consoles. There are very few developed specifically for particular game consoles.
Most tools for mobiles and tablets involve using a specific internet browser to block content. —If children use a different internet browser they bypass the parental control tool.
Apps often bypass any parental control tools.
What is the best parental control tool?
New parental control tools are emerging every couple of months. Look for user reviews to find the one that is best for you. Look for a tool that users report:
Is easy for parents to install and use.
Blocks content and websites well.
Offers good reports on which websites have been accessed.
Is automatically updated (to ensure new websites and content are blocked).
Can’t be easily bypassed by savvy teens.
Can be used remotely (can be handy if your child is doing a school project and the tool is over blocking content, or if your child is home alone and you want to know which websites they are visiting).

How do I find the best parental control tool for me?
Look at recent reviews on trusted consumer review sites and technology review sites, such as Toptenreviews, Topconsumerreviews, PC Magazine, Laptop magazine.
Search for reviews on Parental control tools, content filters, internet filters.
A recent study commissioned by the European Commission provides a ranking of parental control tools tested, including free tools. Access the review at http://sipbench.eu/

Do parental control tools keep computers and data secure?
No. Parental controls are not created for the purpose of software or hardware security. E-security tools need to be installed to keep information and computers safe, including:
Firewalls to block access by unauthorised systems.
Anti-virus to block programs that seek to steal or destroy data.
These tools must be automatically updated as new viruses are released every day.

PARENT EXCURSION – FORT DENISON – 28 AUGUST

The year is flying by and we haven’t had a parent excursion as yet this year. Unfortunately, we didn’t get enough numbers to take part in the International Cooking Class I tried to organise in term 1.

This term we will be heading off to the city again and visiting Fort Denison. Fort Denison has been at the heart of Sydney Harbour for over 150 years and over that time has had a varied past – it has been used as a fishing spot, defence structure, navigational guide, tide gauge station, weather station, time marker and now a restaurant, events space and historic museum. Fort Denison was once a small, rocky island referred to by the local Aboriginal people as Mat-te-wan-ye, also spelt Muttewai.

The cost for the tour and ferry will be Adult $37.50 per person, Concession $33 per person, Children under 5 years free. This cost does not include train travel or lunch.

Please return the slip below to Julie Rush in the office as soon as possible so that bookings can be made.

PARENT EXCURSION – FORT DENISON

I will be coming on the excursion to Fort Denison on 28 August 2014. I enclose $37.50 in payment of tour and ferry. I understand that train travel and lunch will incur additional costs.

..................................................................................  ..................................................................................  .............................................
Parent Name  Child’s Name  Class
Don’t forget our Playtime Sessions on a Monday morning during school terms for siblings of students at Lidcombe Public School and children starting in Kindergarten at Lidcombe Public School next year. Each week the children take part in freeplay, morning tea (please bring some fruit and a drink of water), craft, storytime and songs.

These sessions are a great way for you and your children to meet other families, make new friends and encourage social interaction between the children. There is a small joining fee and then $2 per week that you attend to help cover the cost of crafts/toys etc.

Any enquiries, please see Julie Rush in the office or contact me on 96497576.

Our parent/community knitters have already been busy making blankets and scarves to send to those less fortunate that us.

You don’t have to be an expert knitter, even if you don’t know how to knit at all we are more than happy to help you learn.

Wool and needles are available from Julie Rush in the office.

If you have a spare hour or so on a Tuesday morning between 9am & 11am or on Wednesdays between 11.45am & 1pm come along to Lidbury Hall and help us make classroom resources which benefit our students or help cover library books. We would love to see you there – no experience necessary.
Golfing Superstar!

At the end of last term students from all over Sydney West region travelled to Richmond golf course to compete in the Sydney West golf carnival. One of those competitors was Lidcombe Public School student Naomi Lee. The students were required to play 18 holes of golf in difficult conditions, on what was already a difficult course. Naomi competed with great skill and patience, as well as showing great respect to the game of golf. At the end of the day when all the scores were collected Naomi finished 13th out of all the students present and 2nd in the girls division! That means that Naomi is the 2nd best female golfer in the Sydney West region, an area that consists of well over 100 primary schools! Not a bad effort for a Year 4 student! Well done Naomi and good luck at next year’s carnival.

Mr Gatwood

ECO-KIDS UPDATE

Ms Michelle Butler, Ms Corli-Anne Brebner and all of the Eco Kids would like to thank Dee Ylal from Bunnings in Auburn for donating a load of materials to Lidcombe Public School. Not only did Dee donate a wide selection of seedlings, bags of fertiliser, straw, plant labels and 500 composting worms, she also came along to help us set up our garden!

Thanks to Dee and Bunnings, the Eco Kids are growing carrots, beetroots, leeks, snow peas, broccoli, celery and spinach! We will have a feast once everything is edible.

The Eco Kids, Ms Brebner & Ms Butler.
Congratulations to the following students who were the winners of the Lidcombe Public School Public Speaking Competition:

Stage One – Ethan Park & Elizabeth Win
Stage Two - Chanel Wong & Sophie Edwards
Stage Three - Selena Wong & Samuel

These students presented well-presented, creative speeches and impressed the judges with their speaking skills. We would like to further congratulate all the students who participated in the competition throughout their stage assemblies and classrooms.

The Literacy Committee

HEALTHY RECIPES

The simplest way to make fruity muffins

This recipe is a fun way to add more fruit to your child’s lunch box. Remember that you can add any type of fruit that you like to create a new flavour!

Ingredients:
- Olive or canola oil spray
- 1/2 cup self-raising flour
- 1/2 cup考场 powder
- 1/2 cup sugar
- 1/4 cup buttermilk
- 2 eggs
- 2 ripe bananas, mashed

Method:
1. Preheat oven to 200°C (180°C fan forced).
2. Lightly spritz muffin tins with oil or line with paper cases.
3. Sift flour, baking powder and sugar into a large bowl, returning the flour remaining in the sieve to the bowl.
4. Add sugar, eggs, oil and mashed banana to a bowl and mix with a fork.
5. Pour buttermilk into dry ingredients and gently stir together until just combined.
6. Spoon into prepared muffin tin.
7. Bake for 15 minutes (or 20 minutes for larger muffins) until firm and a knife inserted into the centre comes out clean.
8. Allow to cool in tin for 5 minutes before transferring muffins onto a wire rack.

For more information visit www.eatittoBeatit.com.au
or join us at facebook.com/eatittoBeatit

The simplest way to use legumes

Did you know that legumes are classified as a vegetable?

Legumes include: baked beans, kidney beans, lentils, chickpeas, cannellini beans and split peas.

They’re high in protein, fibre, B-group vitamins, calcium, iron, phosphorus, zinc, magnesium, folate and anti-oxidants.

Basically, they are really good for you! Besides their nutritional value, the great thing about legumes is that they’re very cheap, readily available and easy to use.

Chickpeas make a great addition to casseroles, soups and pasta sauces. Add lentils or kidney beans to mincemeat in bolognese, chilli con carne and nachos.

For more information visit www.eatittoBeatit.com.au
or join us at facebook.com/eatittoBeatit
This term we will be having the following Multiculture Cafes:

6 August – Chinese Multiculture Café
20 August – Turkish Multiculture Café

13 August – Korean Multiculture Café
27 August – Arabic Multiculture Café

These mornings are an opportunity to get together and chat with other parents about what’s happening at school, any issues/concerns you may have and any ideas you might like to put forward for workshops etc. They are very relaxed and we ask that you bring along a plate of food from your culture to share. Preschoolers are most welcome. Our Community Language teachers join us at these get togethers to help with any language barriers.

We hope that many of you will come along.
COMMUNITY CELEBRATION DAY

"HAPPY"

GREAT CLASS PERFORMANCES
INTERNATIONAL FOOD STALLS
SAUSAGE SIZZLE
17 SEPTEMBER 2014

TRY BASEBALL

With the Concord Comets Baseball Club
Boys and Girls Ages 4 +
Come and try your Baseball skills, throwing, catching and batting
Sunday *27th July & *3rd August 2014
11:00am to 2:00pm at Majors Bay Reserve
Cnr Norman & Nullawarra Avenues Concord West
(Behind the Concord RSL Club)
Free Entry, Free Gifts, Free Sausage Sizzle
*In the event of a cancellation due to rain, we will be holding a third try baseball day on Sunday 10th August

Contact Tony 0402 892 280, Sean 0400 480 211
Email: concord.baseball@gmail.com
Website: www.concord.baseball.com.au

All new and returning junior, senior and women's players can also register on the day for the 2014-5 season.
BOUNDLESS PLAINS TO SHARE?

SATURDAY 26TH JULY
5–8PM

FILM SCREENING: BETWEEN THE DEVIL & THE DEEP BLUE SEA
WHAT TURNS A PERSON INTO A BOAT PERSON?

MUSICAL ITEMS · PERSIAN FOOD! · INTERVIEWS WITH ASYLUM SEEKERS

THIS IS A FREE EVENT! ALL WELCOME!

ST JAMES' ANGLICAN CHURCH
19 CRAWFORD STREET, BERALA

ENQUIRIES: please call Amika on 9895 8189 or email Jo-Ann at stjamesberala@gmail.com

Supported by Anglicare