DATES TO REMEMBER

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
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<tbody>
<tr>
<td>18.09.15</td>
<td>8.30am – Parent Library Session</td>
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<tr>
<td></td>
<td>Training for Summer PSSA Sport</td>
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<td></td>
<td><strong>LAST DAY OF TERM 3</strong> (School resumes on Tuesday 6 October)</td>
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<tr>
<td>5.10.15</td>
<td>“Labour Day” holiday</td>
</tr>
<tr>
<td>6.10.15</td>
<td>School resumes for all students</td>
</tr>
<tr>
<td></td>
<td>9.00am – Parent Resource Group</td>
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<tr>
<td>7.10.15</td>
<td>11.45am – Parent Library Group</td>
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<tr>
<td>8.10.15</td>
<td>6.30pm - Kindergarten Orientation Evening (Larcombe Hall)</td>
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<tr>
<td>9.10.15</td>
<td>8.30am - Parent Library Session</td>
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<tr>
<td></td>
<td>PSSA Summer Sport resumes (Morning Sport)</td>
</tr>
<tr>
<td>12.10.15</td>
<td>9.00am – Playtime group</td>
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<tr>
<td></td>
<td>History Syllabus training – Round 2</td>
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<tr>
<td>13.10.15</td>
<td>9.00am – Parent Resource Group</td>
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<tr>
<td>14.10.15</td>
<td>Make up Green Event – Indigenous Infusion</td>
</tr>
<tr>
<td>15.10.15</td>
<td>9.00 – 11.00am - Kindy Transition 1</td>
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<tr>
<td>16.10.15</td>
<td>PSSA Summer Sport Round 8</td>
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<td></td>
<td>11.00am - Granville Area Primary Principal’s Association meeting - Dooleys</td>
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<tr>
<td>19.10.15</td>
<td>Stage 1 Excursion – Maritime Museum and Australian Wildlife Zoo</td>
</tr>
<tr>
<td>27.10.15</td>
<td>Sports and Groups photos (Tuesday Week 4)</td>
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<tr>
<td>29.10.15</td>
<td>School Photos and Whole School Photo (Thursday Week 4)</td>
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PRINCIPAL’S REPORT

Community Celebration Day – “Heroes”
What a fabulous event! Again, I was not prepared for the colour, the preparation and just what this day means to our community. Having attended the meetings, seeing and hearing the rehearsals, nothing could possibly prepare anyone for this live extravaganza – it was just simply awesome!

Well done to all the classes, whose items were superb and reflected the amount of hard work their teachers and the students had put into it. Every item was very entertaining, with lots of work put into costuming and props. Like last year, before it had even started, I could sense from the students through their anticipation of the event, this was going to be a special day and it surely was, it truly was a great show.

“A dynamic innovative school always moving forward”.

Lidcombe Public School
Mills Street
Lidcombe 2141

Phone: 9649 7576
Fax: 9749 1197

Email: lidcombe-p.school@det.nsw.edu.au
Website: www.lidcombe-p.schools.nsw.edu.au
The smiles and joy on the students faces was also something to behold, as well as the talent in dance and song – who could forget S3F’s moving piece on Martin Luther King Jnr, S3N’s Andrew Sisters item, the beautiful voices of our choirs, those very cute Kindergarten children performing their servicemen extravaganza, the multicultural dancing, or our incredibly adorable playgroup …….. in fact, I could list every act because it was all so very entertaining!

A huge thank you must go to all of our staff, but in particular our Creative Arts leader, Miss YJ Kim, who has been the backbone and vision behind the performances and the show itself.

Overwhelmingly positive was the amount of parents, grandparents, uncles, aunties and siblings who showed up to be part of the Community Celebration Day and the fact the P&C made quite a lot of money out of selling food to the masses. Thank you very much to the committee members, superbly led by Julie Rush, who volunteered their time to serve at our BBQ / International Food Fair. Early estimates indicate that around $4400 was raised, which is outstanding!

She has also been assisted by Mr Chris Windle, who has done a lot of the work behind the scenes with lighting and stage decoration, as well as Miss Susan An, who put the iMovies and music together for the technology part of our show. Many hours of extra time and preparation went into this event, to create such an atmosphere and without them, the day would be nowhere near as special. My hat is certainly off to Miss Kim, Mr Windle and Miss An. Their superb leadership of this event brought our school community a sensational event that I’m sure could not be replicated in any other school.

Thank you also to all the parents who took the time to make all of that lovely international cuisine that really added to just how unique and special this day is for us all. It was very heartening to see so many parents, family members and ex-students attend and care so much for our school and what it does.
Thanks also to our wonderful, dedicated staff, including our office staff – you cannot provide this type of entertainment without support from the whole staff! Another thanks as well to Mrs Sana Soliola who videoed every act for us so we can make a DVD of our Heroes Day that will be for sale for a nominal amount next term.

You could tell all the students enjoyed themselves immensely and we all certainly enjoyed watching your children perform as well as they did. I think what we witnessed yesterday was that as a school community, we are all about recognising the students’ achievements and talents at our school, and it’s the very reason that together, we are creating a culture of success and high standards as well as a caring and friendly atmosphere. In any case, we are indeed a fortunate school and I’m absolutely blown away by such a wonderful event. Thanks to everyone involved.

Green Event – Indigenous Infusion
Due to no fault of our own, the people at Cultural Infusion did not provide us with a performer
yesterday for Indigenous Infusion. We have now had to re-schedule the Green Event for Wednesday 14 October.

**PSSA Grand Finals**

I would like to congratulate our six grand finalist teams on their excellent behaviour a few Fridays ago. All six sides played exceptionally well, but also with a tremendous enthusiasm, enjoyment and great sportsmanship, which are fantastic traits to have, as well as displaying just what a fabulous school we have at the same time. Results are one thing, but when you play a game with your friends for enjoyment, it’s even better. For those who are counting, we won 5 of the grand finals (Junior Netball won 7-6, Junior Boys League Tag won 3-2, Senior Girls League Tag won 3-2, Junior Soccer won 3-0 And Junior NCB won 2-0 – Senior NCB unfortunately lost 0-2). Well done to all of students, and well done to all of our super coaches, but particularly Mr Gatwood, Mr Windle, Miss Clift, Mr Cleary and Mr Hulley for guiding their teams to wins and for the great way they have coached these teams throughout the year.

Well done to all students and thank you to the parents who gave the right support and encouragement during the Grand Finals.

**Our Spectacular**

Wow!! What a night! Such a slick production – all seemed to go like clockwork so to the organising committee, congratulations on a job well done!

Weren’t our students fantastic?? The choir was excellent and I noticed of course, that Lidcombe PS students were strategically placed in the important positions. Thank you very much Miss Kim and Miss Yang for all the time and energy you put into our choir this year – greatly appreciated.

Our Dance Troupe and Junior choir were also sensational with their act. Not only was it a great routine, but the singing was pitch perfect as well and the smiles on their faces were enough to tell me how much they enjoyed themselves. You don’t get placed as the first item of the whole event unless it is a very special item!!! Well done to Miss Clift and Mrs Pant who have worked tirelessly to prepare these students for their performances. Not forgetting Mrs. Rush, who arranged a lot of the behind the scenes work to get all of our students on the stage. To Miss Callan, Mrs Gordon and Ms Scott, I thank them for their after school support of the students at the concert – extra efforts that need to be mentioned.

To all the parents who attended to show their support for our school, who assisted with costuming, you also have been wonderful and crucial to this event being the success it was for our high performing school. Well done to all!
Staff Leaving
Ms. Butler has received an exciting opportunity to work at another school in Term 4. We wish her all the best with this endeavour and thank her for the contribution she has made to Lidcombe PS.

For Term 4, we have arranged for Miss Natalie Callan, our relieving Stage 1 Assistant Principal 2 days a week, to take 1/2B for the rest of the year. Miss Callan has spent a large amount of her ESL teaching time in 1/2B, so she knows the students in that class very well. She is also a teacher who is keen, enthusiastic, knowledgeable, and is also receiving training in L3 Stage 1, which makes her a perfect fit for 1/2B. We consider that having Miss Callan teach 1/2B is the best arrangement for Term 4.

Considering the enthusiasm, experience and competence of Miss Callan and the fact that Miss Butler will leave a program of work and assessment records behind for 1/2B, the changeover should be seamless and 1/2B will be working as hard as ever to attain those crucial Stage 1 outcomes. If you have any concerns please don’t hesitate to contact Mrs. Harvey, Miss Callan or myself on 9649 7576. Thank you once again for your ongoing support of our school.

Regional Spelling Bee
Our school representatives travelled to this competition on Tuesday last and proved to be among the best competitors in each competition. Congratulations and well done to:
* Jayda Lui (out in Round 1 on “breeze” – we thought the adjudicator didn’t hear her properly!)
* Steffie Chau (out in Round 4 on “thrice“)
* Vincent Yu (out in round 4 on “memorandum”)
* Jason Yang (out in round 5 on “ludicrous“)
Well done Jayda, Steffie, Vincent and Jason, you should all be very proud of your efforts. Thank you also to Mrs. Black who attended with the students on Tuesday.

Phone Numbers – Student Information Update
Every now and then when we have to ring parents, we are finding that some of the information we have is no longer current and needs our urgent attention. I ask you to send in, where necessary, change of phone numbers, contact details, address, emergency contacts, doctor so that we can have all the relevant information if something was to happen. You may also want to include other important details in a letter stating extra medical information, plans for an asthma attack or custody details (along with accompanying papers of proof) or anything you feel is important for our school to know about your child. I assure you all matters are dealt with in the strictest of confidence. These records are not shared with anyone outside of the school premises or outside of the staff. We require the right information if there is an emergency of some sort within the school. We want to update these details as soon as possible, so please forward these details to the office soon.
Of late, we are seeing too many stainless steel bits of cutlery like forks come into our school. These are **NOT ALLOWED** to come into a school. If left around, they can become a dangerous hazard for children by stepping on them and causing some real injury. If your son or daughter needs to bring in some cutlery to eat their lunch, please provide a **PLASTIC** fork for them to eat with. **Also, we are now hearing that students are bringing in small cans of tuna in with the pull back lid** – again, these pose a risk of cutting your child on the fingers or hand as it is very sharp. These are no longer permitted on the school either. In the interests of student safety, please ensure that you abide by this message!

**Under 9’s Soccer team does it again !!!**

On Saturday 29 August, three Lidcombe PS Stage 2 students were part of the local Under 9 Lidcombe Churches Soccer ("Congs") team which won the U9 Grand Final in the NSWCFA competition.

The match was played at Marconi Stadium, the U9 Congs side won the match 2-1 after being behind 0-1 at half time. It was a close and exciting match, and by winning the Grand Final the Lidcombe U9 team remained undefeated in 2015.

The Lidcombe PS boys, who can be seen in the attached photo, are:

- Anthony Mylonas (5th from left) - right midfielder, scored one of the goals
- Keith Miller (2nd from right) - centre defender
- Jethro Rinakama (1st right) – striker
- Also, David Miller (Keith’s dad) is the coach of the side.

Great to see our young students enjoying their sport and achieving great results!

**Re-printing of Notes**

Lately, the re-printing of notes handed out has become out of hand. Last week, a certain note was copied another 60 times, which was more than half of the original amount of notes. As a school, we are trying our best to minimise our footprint on the environment, as witnessed with our crusade to be able to email out our newsletter to all families instead of printing it. This situation is making it worse. Our procedures for notes are to print them out, and most times send it out to the youngest family member, or if it is a specific note, a note to everyone involved. From there, we place most notes on the webpage for your convenience, so that if a note is lost, you can view it on the web on your computer. As this problem of re-printing notes is getting worse, we may have to institute a fee to cover these costs. For mine, its simple – check your child’s bag for notes every day and if a note is lost, look it up on the webpage and print it off at home. Your support in this matter would be greatly appreciated.

**Website, School App & Facebook**

Don’t forget to keep an eye on our website, Facebook page and our School App – these are all great ways of keeping up with what’s going on in the school

App log in details are:
username: **community**   password: **lidcombeps**
Enrol now for Kindergarten 2015

Does your preschool child turn 5 years of age before 31 July 2016? Have you enrolled your child at Lidcombe Public School for next year? Now is the time to fill in your application. Please call into the office for an enrolment form as soon as convenient or arrange for one to be sent home with an older brother or sister.

Our 2016 Kindergarten Transition program has changed dramatically (same as last year though) and will begin with our transition days, running from 9.00am to 11.00am in the mornings on the following days:

- Thursday 15 October 2015
- Thursday 22 October 2015
- Thursday 29 October 2015
- Thursday 5 November 2015
- Thursday 12 November 2015
- Thursday 19 November 2015
- Thursday 26 November 2015
- Thursday 3 December 2015

There will be a number of great activities for your child and you as their parent that will not only strengthen your bond, but also familiarise and build confidence in your child about their classrooms, teachers and other students. In the middle of all of this, we will host our Kindergarten Orientation evening on **Thursday 8 October 2015**, starting at 6.30pm in Larcombe Hall.

If you have already completed an Application for Enrolment form for your Kindergarten child you will automatically receive further details about these sessions as they become available. If you would like to read some general information about enrolling in a NSW public school please refer to the Department of Education and Training website link:-

Kindergarten students will start school on Wednesday 3 February 2016. Of course, parents and Kindergarten students will be called in before that for their Best Start Interview – times to be announced.

**Special awards – special students !!!**

It is indeed a wonderful time when you receive commendations about our students doing their very best and representing our school so well. Ji O Im was selected to help a new arrival student who had very little English and was attending the Intensive English Language Centre. Next term, the student will be ready to come to our school, but she has already visited our school for 3 days and Ji O was magnificent in introducing her to our students, orientating her to our school and assisting her in class. So impressed were the Intensive English Language Centre that they sent out a certificate of citizenship for Ji O. We are all so proud of Ji O, well done !

A few weeks ago, two young ladies in year 6, Aleyna Oner and Loren Byron, decided they would enter a competition called “Write for Reid” run by Craig Laundy, MP for Reid, our electorate. I read both of their short stories and was amazed by the talent these two young ladies possess in writing – I was convinced that we had a winner with either one of the writing pieces. Unfortunately, there must have been one better piece of writing as our girls didn’t win, but Craig Laundy was so impressed by our two students, that he sent them both a certificate of commendation for their efforts. Great job girls !
Platinum Awards

Being Green suggests that your child is behaving very well and is doing what our teachers expect of them in the classroom and the playground. These awards are always a great pleasure to hand out to our wonderfully behaved students. No recipients in the last two weeks. As of Tuesday 8 September, we had enough for our next Platinum adventure. Others presented with a Platinum Award after this date will be in line for the following Platinum excursion.

Week 9 recipients: Ozan Zincirci (4/5G), Jana Khodr (4/5G), Sierra Woods (1W) and Hyun Kim (S2F).

Week 10 recipients: Naomi Yao (2M), Ian Jung (S3B), Aslisah Tokyurek (S3T) and Loueffa Xian (S3Y).

A special congratulations to our first “Double Platinum” winners, Aslisah Tokyurek and Loueffa Xian. What an amazing achievement !!!

CHINESE CLASS WITH MS JI

The students in Ms Ji’s Chinese Class have been studying transport this term and Yu Chen of S3B and Isabelle of S3N created this fantastic paper replica of an Emporer’s Chair – great job girls!

Newsletter

If parents wish to have the newsletter emailed to them directly please fill out the form below. Electronic distribution is a much better method of communication with families as it allows the school community to enjoy great images of students in full colour without the environmental impact of substantial paper usage. We hope many of our families take up this option in the future. Thank you for taking up this option and saving just that little bit more of our environment.

Expression of Interest

I would like to have the newsletter emailed to me each fortnight.

Name of Child: ____________________

Class: ______________

Name of Parents: ___________________

Email address: ____________________

Please hand in to Mrs Rush in the office as soon as possible.

Principal
SCHOOL TIMES

Students MUST NOT arrive at school before 8:30 am and must leave promptly at 3:00 pm

Parents are reminded that school supervision exists between 8:30 am and 3:00 pm. A Before and After School Care facility is provided on the school site for parents needing child minding. Contact 9749 2817 after school hours for further details.

Leaving students unsupervised on school grounds has legal implications for both the school and parents.

Access to the school is only possible via the pedestrian gate near the sandpit (Mills Street) during school hours. All visitors must report to the school office. Unauthorised persons on school premises are considered to be trespassing and will be reported to the police.

SMOKING IS PROHIBITED ON SCHOOL PREMISES

THE GREAT BOOK SWAP

We will be having the wonderful Great Book Swap again in Week 3 Term 4. This is a wonderful initiative of the Indigenous Literacy Foundation to raise money for programs that support Indigenous literacy throughout the country. Over the holidays is the perfect time to start going through your children’s books and finding one that they would like to bring in to school and swap for a different book.

REGIONAL ATHLETICS CARNIVAL

The following students were successful at the Regional Athletics Carnival held at Blacktown recently:

Monalisa Soliola
1st 11 year girls shotput
1st 11 year girls discus

Elizabeth Soliola
5th Junior Girls Discus

Congratulations!

EARN & LEARN

Earn and Learn has now finished and we have in excess of 500 completed sheets which is more than 30,000 stickers - a fabulous effort! These will be sent off to Woolworths in the next few days for confirmation and then we will be able to ‘spend’ our points on some great school resources. This year we are looking at science related items in line with the new science syllabus.
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<thead>
<tr>
<th>Competition</th>
<th>Champions</th>
<th>Runners Up</th>
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<tbody>
<tr>
<td>Girls League Tag - Jun</td>
<td>Blaxcell St</td>
<td>Guildford</td>
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<tr>
<td>Girls League Tag - Sen</td>
<td>Lidcombe</td>
<td>Auburn West</td>
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<tr>
<td>Boys League Tag - Jun</td>
<td>Lidcombe</td>
<td>Blaxcell St</td>
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<tr>
<td>Boys League Tag - Sen</td>
<td>Guildford</td>
<td>Guildford West</td>
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<tr>
<td>Newcombe Ball – Jun</td>
<td>Lidcombe</td>
<td>Rosehill</td>
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<tr>
<td>Newcombe Ball – Sen</td>
<td>Rosehill</td>
<td>Lidcombe</td>
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<tr>
<td>Soccer – Jun</td>
<td>Lidcombe</td>
<td>Merrylands East</td>
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<tr>
<td>Soccer – Sen</td>
<td>Blaxcell St</td>
<td>Merrylands East</td>
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<tr>
<td>Netball – Jun</td>
<td>Lidcombe</td>
<td>Granville</td>
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<td>Netball - Sen</td>
<td>Guildford West</td>
<td>Auburn North</td>
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</tbody>
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PARENT HELPER GROUP – RESOURCES

Our parent helper resource groups continue on Tuesday mornings between 9am & 11am. Come along to Lidbury Hall and join us. I know that Weeks 1 and 2 are going to be busy weeks for our Resource Group so if you have a spare hour or two we would really appreciate your help.

KOREAN BOOK REVIEW COMPETITION 2015

The Korean Book Review Competition is an annual Korean book review writing Competition for schools in Australia, hosted by the Korean Cultural Office, Australia.

The competition is open to all students from Kindergarten to Year 12, who would like to discover the joys of reading Korean stories to improve their Korean language and cultural skills.

Congratulations to Diah Kim of S2B who was awarded First Place for Excellence in 2015.

HEALTHY RECIPES

The simplest way...to pack a healthy lunch box.

Remember your daily target for fruit and veg? Everyone should aim for 2 serves of fruit and 5 serves of vegies, every day. Sounds hard, but it’s easy if you include fruit and veg across the day...try these simple ideas:

- Pack vegetable sticks – try carrots, celery, capsicum and cucumber – with hummus and vegetable based dips (like pumpkin, beetroot, spinach or red bean)
- Add a small 150g tin of baked beans to your child’s lunch box
- Leftovers are an exciting lunch box addition: try packing fried rice, vegie stir-fries or some vegie frittatas – they all taste great cold!
- Make a fruit salad – use whatever fruit you have in the house, children prefer: small pieces of food.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The simplest way...to pack a healthy lunch box.

Packing a healthy lunch box is one way to get your kids eating the right amount of fruit and veg. There are a few ways of making healthy lunch boxes hassle free:

- Pack the right before, so it’s not a rush in the morning.
- Always pack a serve of fruit: chopped or sliced for younger kids, or a fruit salad for a change.
- Always pack a serve of veg: think sliced vegie sticks, hummus or vegie dip, left over roast vegies.
- Include salad on your child’s sandwich – every bit counts!
- Include wholegrains and a serve of protein (lean meats, eggs and tofu all count)
- Add a serve of dairy and a bottle of water

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tr>
<td>WED 23rd</td>
<td>Ten Pin Bowling &amp; Laser Skirmish</td>
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<tr>
<td>TUES 22nd</td>
<td>Bubble Soccer @ AYC 12pm Back @ 3:30pm</td>
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<tr>
<td>MON 21st</td>
<td>Drop in + BBQ @ AYC 11:4pm</td>
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<tr>
<td>THURS 24th</td>
<td>Sydney Aquarium (Arrive @ AYC 10am Back @ AYC 6pm)</td>
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<tr>
<td>FRI 25th</td>
<td>AUBURN LIBRARY</td>
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<tr>
<td>FRI 2nd</td>
<td>Bubble Soccer @ AYC 12pm Back @ 3:30pm</td>
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<tr>
<td>THURS 1st</td>
<td>ART MURAL @ AYC</td>
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<td>Trip to Wattamolla National Park @ AYC 10am Back @ 5pm</td>
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<tr>
<td>TUES 20th</td>
<td>Drop in + BBQ @ AYC 11:40am</td>
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<td></td>
<td>AUBURN YOUTH CENTRE</td>
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For more information or to register, contact Britta 9681 1222 or email info@auyouthcentre.com.au.
Ten essential steps

1. The use of any restraint is preferable to not using a restraint at all. Be sure that each position in a motor vehicle has a child restraint.

2. Infants are safest if they remain in their rear facing restraint as long as they still fit in their rear facing restraint. Before the law allows children over 12 months to use either a rear facing restraint or a Forward facing restraint, the rear facing restraint offers better protection as long as the child fits in it.

3. Once a child is too tall for their rear facing child restraint, they should use a forward-facing child restraint built in 5 point harness until they are tall enough to fit properly into an adult seatbelt, while the law allows children 4 years and older to use either a forward facing child restraint or a booster seat. The forward facing child restraint offers better protection as long as the child fits in it.

4. Once a child is too tall for a forward facing child restraint, they should use a booster seat with a lap sash seatbelt until they are tall enough to fit properly into an adult seatbelt, while the law allows children 7 years and older to use either a booster seat or a seatbelt by itself. A booster seat offers better protection as long as the child fits in it.

5. For a child in a booster seat or an adult seatbelt, use a sitting position with a lap belt and shoulder belt in preference to one with only a lap belt.

Ten essential steps

6. All child restraints and booster seats must be installed correctly and the child strapped in correctly according to the manufacturer’s instructions.

a. Always use a top tether strap for all rearward facing child restraints, forward facing child restraints and booster seats that have them.

b. Always check the seatbelt through the correct path (Follow colour coding available for newer restraints).

c. Ensure there is no slack or looseness in any part of the system. Check the harness straps around the child, the top tether, the seatbelt reaching the restraint to the vehicle, and the seatbelt used by a child in a booster seat.

d. Check that the seatbelt is buckled for each trip.

7. Children 12 years of age and under are safest in the rear seat.

8. Sunshades should never be used with the seatbelt under the child’s arm or behind the child’s back, whether they are being used alone or with a booster seat.

9. When planning any journey with children, see a motor vehicle which allows each child to be in the appropriate restraint for their size.

10. Regularly check that child restraints are correctly installed and that the restraint is adjusted properly for the child’s size according to the restraint’s manual. Using a restraint fitting service will help ensure that everything is used correctly and that your child is as safe as possible.

This is a summary of the National Guidelines for Safe Restraint of Children Travelling in Motor Vehicles, which have been approved by the National Health & Medical Research Council.

More detailed information on all aspects of child restraint use is available from:
kidsafe.com.au/guidelines

A guide for parents and carers

Children of different sizes and ages need different types of restraints

Reversed Facing Child Restraint:

For children who have outgrown their rear facing restraint up to at least 4 years of age, with a headrest point behind where the child faces the rear of the car. Type G in the Australian Standard.

Forward Facing Child Restraint:

For children who have outgrown their forward facing restraint, up to at least 6-10 years of age, to position the child’s back at least 10cm above the shoulder height. The child should be placed as far back as possible in the “5 step test”. Only use the booster seat when necessary by lap belt alone.

Booster Seat:

For children who have outgrown their forward facing restraint, up to at least 6-10 years of age, to position the child’s back at least 10cm above the shoulder height. The child should be placed as far back as possible in the “5 step test”. Only use the booster seat when necessary by lap belt alone.

The 5 Step Test

Can the child sit with their back against the vehicle seat back?

Do the child’s knees bend forward of the edge of the seat?

Does the seat belt sit across the middle of the shoulder?

Is the lap belt sitting low across the hips or touching the thighs?

Can the child stay seated like this for the whole trip?

1. Reversed facing restraint come in three types: Type A1 for children up to 78cm tall (6 month) or Type A2 for children up to 122cm tall (2 year) and a new Category Type A3 for children up to 153cm tall.

2. Forward facing restraint, Type 4, fit most children up to at least 4 years of age. A new forward facing restraint, Type C, may be more suitable for children up to 3 years of age.

3. Booster cushion is used, without the back and side wings that protect the child head. They are being phased out, except for those built into cars.

4. Newer restraints have shoulder height markers to indicate size limits.